## Northwich Work Zone

Courses for 19 +

**April 2024** 











Weekly IT Digital Skills						
Course	Duration	Day	Time			
Computers for Beginners	Ongoing	Wednesday	09:15—10:45 11:00—12:30			
Entry Level 3 Essential Digital Skills for Work	Ongoing	Thursday	11:30 - 13:30			
Level 1 and 2 IT unit ( Word & Excel )	Ongoing	Thursday	09:15—11:15 14:00—16:00			
April Courses						
FLT Counterbalance & Reach	Ongoing	Mon—Sat	08:30—16:00			
L1 Cleaning & Support Services New	09/04/24—11/04/24	Tues—Thur	09:30—15:00			
Advance Art & Mindfulness	23/04/24	Tuesday	10:00—14:30			
Mental Health Awareness	25/04/24	Thursday	09:15—15:45			
Level 2 Food Safety	26th April	Friday	09:30—14:30			
Your Mental Health 1st Aid	29/04/24—30/04/24	Mon—Tues	09:15—15:45			
Events						
Northwich Job Fair ( Barons Quay )	17/05/24	Friday	10.00—13:00			
Drop in Services						
CVs updates	Appointment Only	Wednesday	13:00—15:00			
Functional Skills						
Functional Skills Maths (E3, 1 & 2) 12 weeks	Starts 15th April	Monday	09:30—11.45			
Functional Skills Maths ( E1 & E2 ) 12 weeks	Starts 15th April	Monday	12:30—14:30			
Available Courses ( Subject to interest )						
Level 1 & 2 Child Development with SEN	Level 1 & 2 Customer Service	Interview Skills	Level 2 Food Safety			
Level 1 & 2 Business Admin/ Finance	SIA Security	CSCS Construction	Level 3 First Aid			
Level 1 Cleaning with COSHH	E3 & L1 Health & Wellbeing	Sage Accounting	Leisure & Hospitality			
Digital Marketing	Pathway to Work	CV Work Shops	English Functional Skills			







NHS
Cheshire West
Talking Therapies

BOOK NOW — 07833 236 675

<b>Course Overvie</b>	ews				
Steps To Work (Work Zone Registration)	Registration to the Work Zone, looking at all previous skills, knowledge and employment history to develop an action plan for all you needs moving forwards.				
Employment Directions Mentoring	One to one support that will help you find the right pathway to employment. We can offer ongoing support and guidance along with mock interviews.				
Computer for beginners	Learn to use a mouse, keyboard, access the internet, and develop your web browsing skills, create and send emails.				
Entry Level 3 Essential Digital Skills for Work	These courses improve confidence and skills Using Devices and Handling Information, Creating and Editing documents, Online Communication, Transacting (buying safely online, Online forms), Being Safe and Responsible Online				
ICDL Levels 1 & 2 IT Word/ Excel	ICDL is perfect for covering the main concepts and skills needed for common Word Processing and Excel tasks, such as creating, formatting, and finishing letters and other everyday documents. Also formatting, modifying, and using a spread sheet. After completing Level 1 you will have the option to progress onto Level 2 and improve your skills further.				
CV Writing	Appointments only to support with CV updates and cover letters				
FLT Counterbalance & Reach	Each course will be 6 days duration and each successful candidate will receive a certificate of training for Counterbalance and Reach Truck.				
Introduction To Construction—CSCS	This three day course has been designed to look at the industry, the size and scope of the organisations involved as well as the teamwork skills required and most importantly the health and safety for this high risk, high hazard environment. For the course you will need a passport photo or photo ID for your online test application.				
Emergency First Aid	Course content includes: CPR in Adults, Children and babies recovery position, Choking and how to use and locate a Defibrillator (AED)				
L1/ L2 Award in Child Development	This course is aimed at people who may be interested in working in early years childcare. It will help learners understand the link between children's learning and development and play activities which support and encourage each stage of development with an introduction to SEN				
L1 /LI2 Award in Customer Services	This 3 day award is designed to look at what is good and poor practice in Customer Services and you will learn how to interact with customers dealing with complaints where necessary.				
Pathway to Health & Well-Being Parts 1 &2	The learners will have the opportunity to achieve an Award in Living and Work Skills. This course will assist the learner in understanding the importance of a balanced diet for a healthier lifestyle; know how activity improves the emotional and mental wellbeing. The course also covers building on own self-esteem and confidence and working towards setting short term goals by identifying and following an agreed plan.				
L2 Mental Health Awareness	Break down your myths and misconceptions. Discuss influencing issues, such as stigma, self esteem and confidence, anxiety and stress, and depression, as well as a self care and mindfulness.				
English Functional Skills Qualification Accredited All Levels	This qualification will provide you with the essential knowledge, skills and understanding that you need to operate confidently and independently with literacy in everyday life and in the workplace, with many employers requesting English qualifications as an essential requirement to hire someone. Levels E3, 1 & 2 are covered and recognised by employers. Level 2 Functional Skills the equivalent to a GCSE at Level 4/ Grade C.				
Maths Award Accredited E1/E2/E3	This qualification is to help you become more confident and build have the ability to use everyday Maths needed for life and work. You will work through a portfolio to achieve this qualification. All units covered underpin the function skills award. The course is work based.				
Functional Skills Qualification Accredited E3/L1/L2	This qualification will provide you with the essential knowledge, skills and understanding that you need to operate confidently and independently with numeracy in everyday life and in the workplace, with many employers requesting maths qualifications as an essential requirement to hire someone. Both Levels 1 & 2 are covered and recognised by employers. Level 2 Functional Skills I the equivalent to a GCSE at Level 4/ Grade C.				
Partner Services					
Valuate Paulai 12 / 124	Wednesday 12:00 15:00 Support with CV writing cover letter and advice 2 guidance				

Partner Services			
Youth Federation/ Work Club National Careers Service	Wednesday	13:00 - 15:00	Support with CV writing, cover letter and advice & guidance for a chosen career. searching and applying for jobs.
Employment Directions - Mentoring Service	By Appointment	By Appointment	Employment Directions can provide the support you need to find, stay in or return to a good quality job where you can thrive.
Job Centre Plus	Mon - Fri	9:00 - 17:00 (Wed 10am)	Jobcentre Plus is a government-funded employment agency whose aim it is to help people of working age find employment in the UK.
Foodbank Voucher Scheme	Mon-Fri	9am-4pm	if you are struggling to afford food and other essentials we may be able to support with this, please come and see us