

Northwich Work Zone

Courses for Adults

Jan to March 2024



IT Digital Skills

Course	Duration	Day	Time
Level 1 & 2 IT unit (Word & Excel)	Ongoing	Thursday	09:15—11:15 14:00 – 16:00
E3 - Essential Digital Skills for Work	Ongoing	Thursday	11:30—13:30
Computing for Beginners	Ongoing	Wednesday	09:15—10:45 11:00—12:30

Sector Specific Courses

FLT Counterbalance & Reach	Ongoing	Mon—Sat	08:30—16:00
Advanced Art and Mindfulness Workshop	26/01/24	Fri	10:00—14:30
L1 Customer Services	11/01/24—12/01/24	Thu—Fri	09:15—14:45
Art and Mindfulness Workshop	02/02/24	Fri	10:00—14:30
L1 Counselling (Induction 02/02/24)	02/02/24—16/02/24	Friday	09:30—14:30
L2 Customer Services TBC	08/02/24—09/02/24	TBC	09:15—14:45
Your Mental Health 1st Aid	15/02/24—16/02/24	Thu—Fri	09:15—15:45
L2 Childcare Development	26/02/24—01/03/24	Mon—Fri	09:15—14:45
L2 Counselling (Induction 01/03/24)	01/03/24—22/03/24	Friday	09:30—14:30
CSCS	11/03/24—13/03/24	Mon—Wed	09:30—15:00
Mental Health Awareness	14/03/24	Thursday	09:15—15:45
Emergency First Aid	14/03/24	Thursday	09:30—13:00
Safeguarding	18/03/24	Fri	09:15—15:45
Health & Wellbeing Part 1	19/03/24—22/03/24	Tue—Fri	09:15—14:45

Functional Skills

Functional Skills Maths 12 Weeks (Accredited Levels E3, L1 & L2)	Start 11th Jan	Monday	09:15 —11:45
Maths Award (Accredited E3,L1) 7Wk	Start 11th Jan	Monday	12:30 —14:30

Services

CVs	Appointment Only	Wednesday	13:00—15:00
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jobcentreplus

Education & Skills
Funding Agency

FREE if you are 19 +
and on an out of work
benefit OR earning less
than £20,319

Northwich Work Zone

Waterside House,
Navigation Road,
Northwich, CW8 1BE



Cheshire West
and Chester

BOOK NOW — 07833 236 675

workzonenorthwich@cheshirewestandchester.gov.uk

Course Overviews

Steps To Work	Registration to the Work Zone, looking at all previous skills, knowledge and employment history to develop an action plan for all you needs moving forwards.
Employment Support Mentoring	One to one support that will help you find the right pathway to employment. We can offer ongoing support and guidance along with mock interviews.
Computer for beginners	Learn to use a mouse, keyboard, access the internet, and develop your web browsing skills, create and send emails.
Entry Level 3 & 1 Essential Digital Skills for Work	These courses improve confidence and skills Using Devices and Handling Information, Creating and Editing documents, Online Communication, Transacting (buying safely online, Online forms), Being Safe and Responsible Online
ICDL Levels 1 & 2 IT Word/Excel	ICDL is perfect for covering the main concepts and skills needed for common Word Processing and Excel tasks, such as creating, formatting, and finishing letters and other everyday documents. Also formatting, modifying, and using a spreadsheet. After completing Level 1 you will have the option to progress onto Level 2 and improve your skills further.
CV Writing	Appointments only to support with CV updates and cover letters
FLT Reach & Counter-balance	The novice Reach and counterbalance course contains a day of theory that covers health and safety and the correct operation for the FLT's and how they work. Then it's on to the practical that builds up all the skills step by step for the operator to reach the correct standard to take into the workplace as a novice
L1 Award in Customer Services	This two/half day award is designed to look at what is good and poor practice in Customer Services and you will learn how to interact with customers dealing with complaints where necessary.
Maths Award Accredited Level E3	This qualification is to help you become more confident and build have the ability to use everyday Maths needed for life and work. You will work through a portfolio to achieve this qualification. All units covered underpin the function skills award. The course is work based.
Maths Functional Skills Qualification Accredited Levels 1&2	This qualification will provide you with the essential knowledge, skills and understanding that you need to operate confidently and independently with numeracy in everyday life and in the workplace, with many employers requesting maths qualifications as an essential requirement to hire someone. Both Levels 1 & 2 are covered and recognised by employers. Level 2 Functional Skills is the equivalent to a GCSE at Level 4/
English Functional Skills Qualification Accredited All Levels	This qualification will provide you with the essential knowledge, skills and understanding that you need to operate confidently and independently with literacy in everyday life and in the workplace, with many employers requesting maths qualifications as an essential requirement to hire someone. Both Levels 1 & 2 are covered and recognised by employers. Level 2 Functional Skills the equivalent to a GCSE at Level 4/ Grade
L1 /L2 Award in Child Development	Understanding Play 5 days. Learners will learn about the importance of play to a child's development, and be able to plan activities that meet the requirements of the Early Years Foundation Stage for children birth to 5.
Introduction to Emergency First Aid	Course content includes: CPR in Adults, Children and babies recovery position, Choking and how to use and locate a Defibrillator (AED)
E3 Pathway to Health & Well-Being	The learners will have the opportunity to achieve an Award in Living and Work Skills. This course will assist the learner in understanding the importance of a balanced diet for a healthier lifestyle; know how activity

Partner Services

ESOL—Ukrainian/ International Nationals	By Appointment	By Appointment	English for speakers of other languages (ESOL) class for all abilities run by an experienced ESOL tutor. Reg: Friday Brio Leisure 10.00am
National Careers Service	Mon - Fri	By Appointment	Support with CV writing and advice & guidance for a chosen career.
Army Careers Drop In Service	Every 2nd Tues Job Centre	12:30 - 15:30	The Army offer a variety of roles including: Engineering & Combat. The regular army offers apprenticeships ages 16 to 33. The army accepts reserves ages 18 to 50.
Job Centre Plus	Mon - Fri	9:00 - 17:00 (Tue 1.30pm)	Work Zone present each Tuesday 13.30—15.00pm

Please note we are a registered food bank voucher service